

# Care Act Advocacy



Care Act Advocates help people to understand and uphold their rights, set out in the Care Act 2014

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The law says you should be fully involved in getting the care and support you need wherever you live.

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Care Act Advocacy helps you have your say and share your feelings. It helps you say what is important to you.

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We will help you explore your rights and options at every stage to help you decide what to do

# How we can help you



## Independence.

We do not work for social services or the NHS This means we can support you to have a say if you are not happy with your care



## Key principles.

Our advocates have a set of rules we follow to make sure we provide a clear and quality service.



## Being on your side.

Advocates are there to voice your thoughts and wishes. Supporting you to have your say.

- YES
- NO
- MAYBE



## Providing support.

Helping you to challenge decisions around your care and support

# Do you need our help?

If you want to know more about our Advocacy services, please contact us



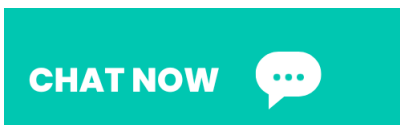
**Helpline:** 03003 038037

Call our helpline for information, help and support.  
9am – 5pm Monday to Friday.



**You can email us at :**

[bestlife@wearepeoplefirst.co.uk](mailto:bestlife@wearepeoplefirst.co.uk)



**Use our Chat Now button at:**

[www.wearepeoplefirst.co.uk](http://www.wearepeoplefirst.co.uk)