

Health passports

What is a health passport?

The image shows the cover and the 'My details' page of a 'Health and Care Passport' form. The cover is green and white, featuring the NHS logo, 'North East and North Cumbria', 'A&A Access to Adults', and 'Learning Disability and Autism'. It includes fields for 'Name:' and 'Date completed:'. The 'My details' page is white with a green header and contains the following text: 'This Health and Care Passport should be completed by you and the people that know you best. By filling it in, you are giving permission for your information to be shared with health and care staff who are caring for you. This is called consent.' Below this is a checkbox 'Tick yes if you agree to this.' A note states: 'To those people providing care to me: This health care passport has information about me to help you support and care for me. You can get more information about my medical records through the Health Information Exchange on the Great North Care Record.' The form includes fields for 'My name is...', 'I like to be called...', 'My pronouns are:' (with checkboxes for he/his, she/her, they/them), 'NHS number...', 'Date of birth...', 'Address...', 'Mobile number...', and 'Landline number...'. There is also a 'Diamond Standards' logo at the bottom right.

A health passport is a document that can help explain your medical needs.



It can also help explain how you like to communicate.



This helps make sure are comfortable during your visit to a health and care service.



Who can have a health passport?



Anyone can have a health passport.



Health passports are most often used by autistic people and people with a learning disability.



The health passport tells health and care staff how you prefer to be supported.



Health passports can include communication preferences like Makaton.



It can also include how you prefer to take your medicine.



You can put what food textures you like and don't like on your health passport.



You can also use your health passport to tell people you like to use Easy Read.



Why is having a health passport a good idea?



A health passport is a good idea as it makes sure your healthcare visits are more comfortable.



How can I get a health passport?

A template for a "Health and Care Passport" form. The form is green and white. It includes the NHS logo, the text "North East and North Cumbria", and the A&A logo. The form has fields for "Name:" and "Date completed:". There is also a "Diamond Standards" logo at the bottom right.

You can find a template online by using this link:

https://neclidnetwork.co.uk/wp-content/uploads/2025/12/Hospital_passport_sep_25.pdf



Fill in your health passport document. You can ask someone to help you with this.



Bring your health passport to your next appointment and show it to the healthcare staff.



The healthcare staff will make a copy of your passport so that other doctors and health staff can see it.

