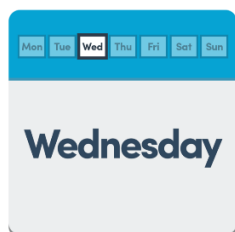











## Health Subgroup

**Meeting Minutes** – what was said at the meeting



County Hall, Preston

| Item  | Subject  |
|---|--|
| <p>1.</p>  <p><b>Welcome</b></p> | <p><b>Welcome</b></p> <p>The following people were at the meeting.</p> <ul style="list-style-type: none"><li>• Tracey Hartley-Smith (Co-chair)</li><li>• Mark O'Farrell (Co-Chair)</li><li>• Andrea Hardyman</li><li>• Steve Kill – SeeAbility</li><li>• Debbie Wardleworth</li><li>• Joanne Kennedy – SeeAbility</li><li>• Julie Clift</li><li>• Julie Madden</li><li>• Lisa Denicola</li></ul>  <p>Guest – Sally Fray – Lancashire and South Cumbria Foundation Trust</p> |

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|   | <p>Apologies:</p> <ul style="list-style-type: none"> <li>• Alison Tupling</li> <li>• James Hughes – People First</li> <li>• Crystal Small – Health Facilitation Team</li> </ul>   |
| <p>2.</p>   | <p><b>Minutes from the last meeting</b></p> <ul style="list-style-type: none"> <li>• The minutes were agreed.</li> </ul>  |
| <p>3.</p>   | <p><b>Declarations of interest<br/>(people must say if they do other work that might stop them making good decisions for the partnership board)</b></p> <ul style="list-style-type: none"> <li>• There were no declarations of interest.</li> </ul>   |
| <p>4.</p>   | <p><b>Lancashire Self Advocacy Group Report</b></p> <p>Mark gave a presentation. This is in the Planner.</p> <p>Lancashire County Council have decided to raise the cost of travel with a Now Card. Even though most people who replied to the survey, didn't want the cost to rise.</p>  |
| <p>5.</p>   | <p><b>Sally Fray – Consultant Nurse</b></p> <p>Sally came to talk about 'Call for Concern'. This is a pilot being run in 150 hospitals around the country. It is based on Martha's Rule. It is about listening to patients, parents and carers when they have a concern about care or treatment. People can ask for a second opinion if they do not think things are being done well.</p> |



Part of the pilot is to make sure patients are asked every day 'How are you feeling?'.

Sally wanted to ask the group for ideas about how to make sure people with a learning disability understand and are able to say how they feel.

Lots of resources were suggested: talking mats, photosymbols, emojis, easy read.

There should be a pack of resources available to give people choice as to what works best for them.

Hospital passports could also be used. They should have information about the best way for the person to communicate.

Lisa pointed out that as well as access to resources, staff needed to know how to use those resources.

Sally will be asked to attend another Health meeting to see how the pilot is going.

6.











## Menopause




Sue from the Friends and Relationships group gave a presentation. It is in the Planner.

The Friends and Relationships group did some work on the menopause. The U-Nite group have developed a training course which they can deliver. Unfortunately U-Nite do not have any funding to deliver the training course.

**Action 61:** Joanne to give Sue contact in Manchester (Jenny Jones)

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|   | <p>Tracey to ask Crystal if Health Facilitation Team would be interested.</p> <p>Tracey to look at funding options.</p> <p>Ask Sue to update in a couple of months.</p>  |
| <p>7.</p>    | <p>Break.</p>  |
| <p>8.</p> <br> | <p><b>SeeAbility Update</b></p> <p>Joanne and Steve gave an update.</p> <p>Joanne has been to Blackpool. Speak Up Blackpool have done a campaign which they have given to the local optical committee.</p> <p>SeeAbility are looking for stories from people who:</p> <ul style="list-style-type: none"> <li>• Have never been to the optician.</li> <li>• Find it difficult to go to the optician.</li> <li>• Have good experiences of going to the optician.</li> </ul> <p>Esther Smith has said she will put SeeAbility in touch with the Learning Disability Team.</p> <p>Crystal has sent SeeAbility details of providers. Steve is sending them emails.</p> <p>The provider forum has not replied.</p> |
| <p>9</p>   | <p><b>Health Facilitation Team Videos (update)</b></p> <p>Tracey updated about this as Crystal was not at the meeting. Tracey shared the Highlight Report. It is in the Planner.</p>   |

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|   | <p>All Annual Health Checks should create a Health Action Plan. The number has risen from 63% to 70% but it is still low.</p> <p>Lisa said that they can see which GP practises have done Annual Health Checks and Health Action Plans. Tracey said that what they can't see is if the Health Action Plans are any good.</p>  |
| <p>10.</p>   | <p><b>Keeping My Chest Healthy</b></p> <p>Bradford District Care NHS Foundation Trust has developed some resources around Keeping My Chest Healthy. They have developed a respiratory pathway for people with a learning disability. They are looking for other areas to try the pathway. If the feedback is good it will be rolled out.</p> <p>There is more information on <a href="https://keepingmychesthealthy.bdct.nhs.uk/">https://keepingmychesthealthy.bdct.nhs.uk/</a></p>                            |
| <p>11.</p>    | <p><b>Any Other Business</b></p> <ul style="list-style-type: none"> <li>• Lisa said the LeDeR annual report is completed but won't be signed off until May. Lisa is meeting with Maria and James to see how self advocates can be involved in the LeDeR work.</li> <li>• Logos. The group liked the new logos.</li> <li>• There is a Health Mela on 12 April.<br/><a href="http://www.lancashire.ac.uk/events/listing/annual-health-mela">www.lancashire.ac.uk/events/listing/annual-health-mela</a></li> </ul> |

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|---|---|
|   | <ul style="list-style-type: none"><li>Stephen is going to a meeting in Leeds as part of his role on the NHSE autism advisory board. They will be looking at the 3 year plan to build new hospitals.</li></ul>   |
| <div>12.</div> <div></div>   | <div><b>Next meeting</b></div> <div>7 May 2025</div> <div><div><div>MonTueWedThuFriSatSun</div><div>Wednesday</div></div><div><div>May</div><div>7</div></div><div><div></div><div>2025</div></div></div> <div>10.30am to 12.30pm</div> <div><div><div><div>11121</div><div>1098765432</div><div>10:30</div></div><div>→</div><div><div><div>11121</div><div>1098765432</div><div>12:30</div></div></div></div><div>County Hall, Preston</div><div></div></div> |
| <div>13.</div> <div></div> | <div><b>End of meeting</b></div>  |