



**People First**

Listen | Engage | Empower

# Have Your Say!

**People First Self Advocacy Group**

**North Cumbria June-September 2019**

**Programme**

We meet every other Tuesday at **The People First Conference Centre**, Milbourne Street, Carlisle, CA2 5XB



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| <b>Date</b>                | <b>Time</b> | <b>Topic/Activity</b>  |
|----------------------------|-------------|--|
| 11 <sup>th</sup> June      | 6-8pm       | <b>Playlist For Life- Les &amp; Di</b>                           |
| 25 <sup>th</sup> June      | 6-8pm       | <b>Visit from Peter McCall the Police and Crime Commissioner</b> |
| 9 <sup>th</sup> July       | 6-8pm       | <b>Be Cancer Aware</b>   |
| 23 <sup>rd</sup> July      | 6-8pm       | <b>My Childhood</b>  |
| 6 <sup>th</sup> August     | 6-8pm       | <b>Social Evening</b>  |
| 20 <sup>th</sup> August    | 6-8pm       | <b>Religion</b>  |
|                            |             | <b>Zodiac Signs</b>  |
| 3 <sup>rd</sup> September  | 6-8pm       | <b>The World &amp; Travel</b>                                    |
| 17 <sup>th</sup> September | 6-8pm       | <b>Diabetes</b>  |

**If you would like to come along, or find out more, please contact a member of the Inclusion Team on 0300 303 8037 or email [hannah@wearepeoplefirst.co.uk](mailto:hannah@wearepeoplefirst.co.uk)**

